

*The pool area will be closed for cleaning every Wednesday from 1:30-2:30pm & Friday from 12:30-1:30pm.

**FULTON COUNTY YMCA
WINTER POOL SCHEDULE 2012
EFFECTIVE: JAN 2- FEB 18**

*The whirlpool will be closed for cleaning every Friday 12:30-7pm.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 5:30-7:45am	Lap Swim 5:30-7:45am	Lap Swim 5:30-7:45am	Lap Swim 5:30-7:45am	Lap Swim 5:30-7:45am		
Open & Lap Swim 7:45-8:45am	Open & Lap Swim 7:45-9am	Open & Lap Swim 7:45-8:45am	Open & Lap Swim 7:45-9am	Open & Lap Swim 7:45-8:45am		
Sr Aqua Fit 8:45-9:30am	Aqua-robics 9-10am	Sr Aqua Fit 8:45-9:30am	Aqua-robics 9-10am	Sr Aqua Fit 8:45-9:30am	Lap Swim 7-8:15am	
Sr Aqua Fit 9:30-10:15am		Sr Aqua Fit 9:30-10:15am		Sr Aqua Fit 9:30-10:15am		
Daycare & Lap Swim 10:15-11:15am	Daycare & Lap Swim 10-11am	Daycare & Lap Swim 10:15-11:15am	Daycare & Lap Swim 10-11am	Daycare & Lap Swim 10:15-11:15am	Shrimp & Lap 8:15-8:45am	Lap Swim 8-8:15am
Open & Lap Swim 11:15am -12pm	Open & Lap Swim 11am-12:30pm	Open & Lap Swim 11:15am-12:30pm	Open & Lap Swim 11am-12:30pm	Open & Lap Swim 11:15am -12:30pm	Perch & Lap 8:45-9:15am	Shrimp & Lap 8:15-8:45am
Pike/Eel & Lap Swim 12-12:30pm					Pike & Eel 9:15-9:45am	Perch & Lap 8:45-9:15am
Lap Swim 12:30-1:30pm	Home School Swim 12:30-1:30pm	Lap Swim 12:30-1:30pm	Lap Swim 12:30-1:30pm	*POOL AREA CLOSED- Cleaning 12:30-1:30pm		Pike & Lap 9:15-9:45am
Open & Lap Swim 1:30-3:45pm	Open & Lap Swim 1:30-3:45pm	*POOL AREA CLOSED- Cleaning 1:30-2:30pm	Open & Lap Swim 1:30-3:45pm	Open & Lap Swim 1:30-6pm	Ray/Starfish & Pike 9:45- 10:15am	Pike & Lap 9:45- 10:15am
		Open & Lap Swim 2:30-3:45pm				Eel & Lap 10:15-10:45am
Polliwog 1 & 2 & Dev. Team 3:45-4:30pm	Guppy & Lap Swim 3:45-4:30pm	Minnow & Dev. Team 3:45-4:30pm	Fish & Flying Fish/Shark & Lap Swim 3:45-4:30pm		Polliwog 1 & Polliwog 2 10:15-11am	Polliwog 1 & Polliwog 2 10:45am - 11:30am
Open & Lap Swim 4:30-5:15pm	Open & Lap Swim 4:30-5:15pm	Open & Lap Swim 4:30-6pm	Open & Lap Swim 4:30-5:15pm	Deep Water Workout 5:15-6pm	Guppy & Minnow 11-11:45am	Adult Lessons & Guppy 11:30-12:15pm
Adult lessons & Lap Swim 5:15-6pm	Deep Water Workout 5:15-6pm				Fish & Flying Fish/Shark 11:45-12:30pm	
Aqua-robics 6-7pm	Aqua-robics 6-7pm	Shrimp & Lap Swim 6-6:30pm	Perch & Lap Swim 6-6:30pm	Family Swim & Lap Swim 6-7:30pm	Open & Lap Swim 12:30-6pm	Open & Lap Swim 12:15-6pm
		Swim Team 6:30-8:30pm	Swim Team 6:30-8:30pm			
Swim Team 7-9pm	Swim Team 7-9pm	Swim Team & Lap Swim 8:30-9pm	Swim Team & Lap Swim 8:30-9pm	Open & Lap Swim 7:30-9pm		

Rev. 1/3/12 – Pool schedule is subject to change.

POOL USE DEFINITIONS:

SHRIMP/PERCH: (Ages 6-18 months & 18-36 months) - Swim lessons for **child with adult** in water.

PIKE/EELS/RAYS/STARFISH: (Ages 3-5) - Progressive **pre-school** swim lessons.

POLLIWOG 1&2 /GUPPY/MINNOW/FISH/FLYING FISH/SHARK: (Ages 6-14) - Progressive **youth** lessons.

ADULT LESSONS: (Ages 18+) - Swim lessons for **adults**.

DAYCARE: Swim lesson and recreation sessions for **YMCA Daycare children only**.

LAP SWIM: Continuous circle lap swim for swimmers **ages 14 and up**.

SR AQUA FIT: M-W-F morning aqua fitness course for **seniors** ages 62 & up **only**.

AQUA-ROBICS/ DEEP WATER WORKOUT: Day & evening **adult** aqua aerobics course ages 18 & up.

FAMILY SWIM: Open swim for **families only**. Youth must be accompanied in the pool by an adult.

OPEN SWIM: Open swim for **everyone**.

INNER TUBE WATER POLO: Water polo games for **youth** played on floating inner tubes.

SWIM TEAM: Practice sessions for **YMCA swim team members only**.

DEV. TEAM: Practice sessions for **YMCA developmental swim team members only**.

***Swim meet dates:**

Sat. Jan. 14th

Sat. Jan. 28th

Warm-ups begin at 12:30pm with a meet start of 1:30pm. The pool will be closed to patrons during the swim meet.